

MINDSET JOURNEY: VALUES ASSESSMENT

The values and/or principles I would fight for most are:

My identity would not feel complete if I lost:

My life needs more (e.g. peace, order, autonomy, quality time, rest, fame, achievements):

The world needs more (and I can contribute by):

My field or workplace needs more (and I can contribute by):

I could not live without (personally or professionally):

I feel most proud of:

I feel most passionate about:

I have as professional mentors:

Those I most admire personally or professionally are:
